

2020-21 3A/4A All-League Football

First Team – Offense

| Name | School | Position | Year |
|-------------------|----------------|----------------|--------|
| Josh Huffman | Mead | Offensive Line | Senior |
| Kingston Grey | Mt. Spokane | Offensive Line | Senior |
| Brandon Colman | Mt. Spokane | Offensive Line | Senior |
| James Franz | Gonzaga Prep | Offensive Line | Senior |
| Liam Arnold | Gonzaga Prep | Offensive Line | Senior |
| DJ Romero | Ferris | Offensive Line | Senior |
| Tyler Alm | Mt. Spokane | Running Back | Junior |
| Jaden Ortega | Gonzaga Prep | Running Back | Senior |
| Jide Olajoyegbe | Ferris | Wide Receiver | Junior |
| Brandon Bruegeman | Central Valley | Wide Receiver | Senior |
| Jordan Sands | Mt. Spokane | Wide Receiver | Junior |
| Luke Abshire | Central Valley | Quarterback | Junior |
| Ethan Moczulski | Mt. Spokane | Kicker | Junior |



Second Team – Offense

| Name | School | Position | Year |
|--------------------|---------------|----------------|--------|
| Nathan DePaolo | Ferris | Offensive Line | Senior |
| Nathan Boldizsar | University | Offensive Line | Senior |
| Christian Osterman | Lewis & Clark | Offensive Line | Senior |
| Keel Potter | Lewis & Clark | Running Back | Senior |
| Kruz Wheeler | Ferris | Running Back | Soph |
| Rob Collier Jr. | Gonzaga Prep | Running Back | Junior |
| Gentz Hilburn | Lewis & Clark | Wide Receiver | Soph |
| Anthony Aguirre | Ferris | Wide Receiver | Junior |
| Evan Duchesene | Gonzaga Prep | Wide Receiver | Senior |
| Dane Cobb | Lewis & Clark | Kicker | Senior |

Honorable Mention – Offense

| Name | School | Position | Year |
|---------|--------|----------|--------|
| LJ Harm | Mead | Kicker | Junior |

First Team – Defense

| Name | School | Position | Year |
|------------------|----------------|----------------|--------|
| Ephraim Watkins | Gonzaga Prep | Defensive Line | Junior |
| George Sonko | Central Valley | Defensive Line | Junior |
| Braeden York | Mead | Defensive Line | Senior |
| Spencer Lyman | Mead | Defensive Line | Junior |
| Brennen Rogers | Lewis & Clark | Defensive Line | Senior |
| Ben McGourin | Cheney | Linebacker | Senior |
| Daniel McKeirnan | Gonzaga Prep | Linebacker | Senior |
| Kyle Parkman | Central Valley | Linebacker | Senior |
| Bergan Hughes | Mt. Spokane | Linebacker | Senior |
| Nic Saunders | Central Valley | Defensive Back | Junior |
| Elijah Bowdon | Central Valley | Defensive Back | Senior |
| Shawn Moore | Central Valley | Defensive Back | Senior |
| Riley Buth | Mt. Spokane | Defensive Back | Senior |
| LJ Harm | Mead | Punter | Junior |

Offensive MVP

Ryan McKenna

Gonzaga Prep | Junior

Defensive MVP

Sam Brown

Central Valley | Senior

All Purpose MVP

Caleb Shawen

Mead | Senior

Coaches of the Year

Dave McKenna

Gonzaga Prep

Assistant Coach of Year

Bob Cassano

Gonzaga Prep

Freshman Coach of Year

Randy Hendrick

Central Valley

Second Team – Defense

| Name | School | Position | Year |
|-----------------|----------------|-----------------|-------------|
| DJ Romero | Ferris | Defensive Line | Senior |
| James Whiteley | Cheney | Defensive Line | Senior |
| Eti Ena | Cheney | Defensive Line | Senior |
| Nathan DePaolo | Ferris | Defensive Line | Senior |
| Kris Prince | Mead | Defensive Line | Junior |
| Matt Heer | Lewis & Clark | Linebacker | Junior |
| Trevor Gravelle | Central Valley | Linebacker | Junior |
| Parker Startin | Mead | Linebacker | Senior |
| Andrew Chan | Gonzaga Prep | Defensive Back | Senior |
| Brendan Kelly | Gonzaga Prep | Defensive Back | Senior |
| Aiden Prado | Mt. Spokane | Defensive Back | Junior |
| Preston Egan | Mead | Defensive Back | Junior |
| Ryan Reickmann | Cheney | Punter | Senior |

Honorable Mention – Defense

| Name | School | Position | Year |
|------------------|----------------|-----------------|-------------|
| Michael Bodholt | University | Defensive Line | Senior |
| Gage Jorgenson | University | Defensive Line | Junior |
| Jackson Kink | Mt. Spokane | Linebacker | Junior |
| Carson Coffield | Mt. Spokane | Linebacker | Junior |
| Luciano Reynolds | Gonzaga Prep | Linebacker | Junior |
| Gregory Flynn | Gonzaga Prep | Linebacker | Junior |
| Kyler Anstrom | University | Linebacker | Senior |
| Zack McMurtrey | Central Valley | Linebacker | Soph |
| Dylan Straley | Cheney | Linebacker | Senior |
| Rick Greaves | Lewis & Clark | Linebacker | Senior |
| Craig Runge | Mt. Spokane | Defensive Back | Senior |
| Ricco Longo | University | Defensive Back | Junior |
| Van Vega | Cheney | Defensive Back | Senior |
| Cole Williams | Cheney | Defensive Back | Senior |
| Stephan Cox | Lewis & Clark | Defensive Back | Junior |