



# 2019 All-League Girls Basketball



## FIRST TEAM SELECTIONS

Name	School	Position	Year
Aspyn Adams	Mt Spokane	Guard	Senior
Tomekia Whitman	Central Valley	Guard/Forward	Senior
Kinsley Barrington	University	Post	Junior
Jayda Noble	Mt Spokane	Guard/Forward	Junior
Ellie Boni	University	Guard	Junior



## SECOND TEAM SELECTIONS

Name	School	Position	Year
Camryn Skaife	Central Valley	Guard	Senior
Quincy McDeid	North Central	Forward	Senior
Mady Simmelink	Central Valley	Guard	Senior
Dominique Arquette	Lewis & Clark	Guard	Senior
Niveya Henley	Mt Spokane	Guard/Forward	Soph
Erica Nesson	Mead	Guard	Senior



## HONORABLE MENTION SELECTIONS

Name	School	Position	Year
Kaylee Bishop	Lewis & Clark	Guard/Forward	Senior
Emily Nelson	Mt Spokane	Post	Senior
Andie Zylak	Lewis & Clark	Guard	Soph
Demi Howlett	Gonzaga Prep	Post	Junior
Arianna Reeves	Lewis & Clark	Post	Senior
Averi Adams	Mt Spokane	Guard	Senior

### Most Valuable Player

**JACINTA BUCKLEY**

Lewis & Clark | Senior | Guard

### Coach of the Year

**RYAN BRAGDON**

Central Valley

### 4A League Champion

**CENTRAL VALLEY**

### 3A League Champion

**MT SPOKANE**

