

2018-19 WORKSHEET

	POINT TOTAL
CENTRAL VALLEY	156.50
FERRIS	101.00
GONZAGA PREP	123.30
LEWIS & CLARK	129.50
MEAD	139.30
MT. SPOKANE	161.50
NORTH CENTRAL	70.50
ROGERS	41.50
SHADLE PARK	59.50
UNIVERSITY	118.30

GREATER SPOKANE LEAGUE FINAL STANDINGS - 2018/19

GIRLS XC

Team	W-L	PTS
North Central	9-0	12
Lewis & Clark	8-1	10
Central Valley	7-2	8
Ferris	6-3	7
Gonzaga Prep	5-4	6
Mead	4-5	5
Mt. Spokane	3-6	4
Rogers	2-7	3
Shadle Park	1-8	2
University	0-9	1

BOYS XC

Team	W-L	PTS
Lewis & Clark	9-0	12
North Central	8-1	10
Central Valley	7-2	8
Gonzaga Prep	6-3	7
University	4-5	6
Rogers	3-6	4
Mt. Spokane	3-6	4
Mead	3-6	4
Ferris	2-7	2
Shadle Park	0-9	1

GIRLS SOCCER

Team	W-L	PTS
Central Valley	9-0	27
Gonzaga Prep	7-2	21
Mead	7-2	20
University	6-3	18
Lewis & Clark	4-5	13
Mt. Spokane	4-5	12
Ferris	4-5	11
North Central	3-6	10
Shadle Park	1-8	3
Rogers	0-9	0

2018-19

MT. SPOKANE	161.50
CENTRAL VALLEY	156.50
MEAD	139.30
LEWIS & CLARK	129.50
GONZAGA PREP	123.30
UNIVERSITY	118.30
FERRIS	101.00
NORTH CENTRAL	70.50
SHADLE PARK	59.50
ROGERS	41.50

2017-18

CENTRAL VALLEY	164.50
MEAD	156.00
MT. SPOKANE	134.50
LEWIS & CLARK	131.00
GONZAGA PREP	122.50
UNIVERSITY	114.50
FERRIS	104.00
NORTH CENTRAL	74.50
SHADLE PARK	59.00
ROGERS	43.50

MT. SPOKANE	161.50
CENTRAL VALLEY	156.50
MEAD	139.30
LEWIS & CLARK	129.50
GONZAGA PREP	123.30
UNIVERSITY	118.30
FERRIS	101.00
NORTH CENTRAL	70.50
SHADLE PARK	59.50
ROGERS	41.50

FINAL POINT TOTALS 2018-19

FOOTBALL

Team	W-L	PTS
Gonzaga Prep	.857	12
Mead	.714	9
Lewis & Clark	.714	9
Mt. Spokane	.667	7
Central Valley	.571	6
Shadle Park	.500	5
Ferris	.428	4
University	.285	3
Rogers	.167	2
North Central	.000	1

VOLLEYBALL

Team	W-L	PTS
Mt. Spokane	9-0	12
Mead	7-2	8.3
Gonzaga Prep	7-2	8.3
University	7-2	8.3
Lewis & Clark	5-4	6
Ferris	4-5	5
Central Valley	3-6	4
North Central	2-7	3
Shadle Park	1-8	2
Rogers	0-9	1

SLOW PITCH SOFTBALL

Team	W-L	PTS
University	20-0	12
Mt. Spokane	16-4	10
Mead	15-5	8
Rogers	13-7	7
Central Valley	11-9	5.5
Lewis & Clark	11-9	5.5
East Valley	8-12	4
Ferris	8-12	4
Gonzaga Prep	6-14	3
North Central	1-19	2
Shadle Park	1-19	1

2016-17

CENTRAL VALLEY	141.50
MEAD	134.00
MT. SPOKANE	113.50
GONZAGA PREP	107.50
LEWIS & CLARK	105.50
UNIVERSITY	104.50
FERRIS	89.00
SHADLE PARK	73.00
NORTH CENTRAL	62.50
ROGERS	42.00

2015-16

CENTRAL VALLEY	171.50
MEAD	148.00
LEWIS & CLARK	133.00
MT. SPOKANE	130.00
UNIVERSITY	127.00
GONZAGA PREP	119.00
FERRIS	87.00
SHADLE PARK	73.50
NORTH CENTRAL	69.50
ROGERS	37.50

2014-15

CENTRAL VALLEY	168.50
MEAD	142.00
MT. SPOKANE	134.50
LEWIS & CLARK	132.50
UNIVERSITY	129.50
GONZAGA PREP	113.50
FERRIS	94.50
SHADLE PARK	80.50
NORTH CENTRAL	63.50
ROGERS	41.00

2013-14

CENTRAL VALLEY	159.50
MT. SPOKANE	143.00
MEAD	136.50
FERRIS	122.50
UNIVERSITY	120.50
GONZAGA PREP	112.00
LEWIS & CLARK	111.00
SHADLE PARK	95.50
NORTH CENTRAL	68.50
ROGERS	32.00

AFTER FALL SPORTS SEASON

2018

LEWIS & CLARK	48.50
GONZAGA PREP	46.30
CENTRAL VALLEY	43.50
MEAD	42.30
MT. SPOKANE	42.00
UNIVERSITY	37.30
NORTH CENTRAL	31.00
FERRIS	26.00
ROGERS	18.00
SHADLE PARK	13.00

Point system

12	1st
10	2nd
8	3rd
7	4th
6	5th
5	6th
4	7th
3	8th
2	9th
1	10th

AFTER WINTER SPORTS SEASON

2019

MT. SPOKANE	86.00
CENTRAL VALLEY	75.00
UNIVERSITY	68.80
LEWIS & CLARK	68.50
MEAD	65.30
GONZAGA PREP	64.30
NORTH CENTRAL	50.00
FERRIS	49.00
ROGERS	26.00
SHADLE PARK	26.00

GYMNASTICS

Team	W-L	PTS
Mt. Spokane	9-0	12
University	8-1	10
Mead	7-2	8
Ferris	6-3	7
Central Valley	5-4	6
Lewis & Clark	4-5	5
Shadle Park	2-7	4
North Central	1-8	3
Rogers	0-9	2
Cheney	3-6	2

WRESTLING

Team	W-L	PTS
Mt. Spokane	9-0	12
Mead	8-1	10
University	7-2	8
Central Valley	5-4	6.5
Ferris	5-4	6.5
North Central	4-5	5
Shadle Park	2-7	3
Rogers	2-7	3
Lewis & Clark	2-7	3
Gonzaga Prep	1-8	1

GSL CHAMPIONSHIPS

CV	6
NC	1
GP	3
MS	8
U	2
SP	1
M	1
LC	2
F	
R	

BOYS BASKETBALL

Team	W-L	PTS
Gonzaga Prep	14-0	12
Mt. Spokane	11-1	10
Ferris	10-4	8
University	7-7	6.5
Central Valley	7-7	6.5
North Central	5-7	5
Lewis & Clark	5-9	4
Shadle Park	4-8	3
Rogers	1-11	2
Mead	2-12	1

GIRLS BASKETBALL

Team	W-L	PTS
Central Valley	13-1	12
Mt. Spokane	11-1	10
Lewis & Clark	12-2	8
University	9-5	7
North Central	6-6	6
Gonzaga Prep	6-8	5
Mead	5-9	4
Shadle Park	2-10	3
Ferris	2-12	2
Rogers	0-12	1

BASEBALL

Team	W-L	PTS
Mt. Spokane	17-1	12
Central Valley	16-2	10
Shadle Park	11-7	7.5
Mead	11-7	7.5
Ferris	10-8	5.5
Gonzaga Prep	10-8	5.5
University	9-9	4
Lewis & Clark	3-15	2.5
North Central	3-15	2.5
Rogers	0-18	1

BOYS GOLF

Team	W-L	PTS
Gonzaga Prep	48	12
Central Valley	47	10
Mead	37	8
Mt. Spokane	33.5	7
University	28	6
Shadle Park	24.5	5
Ferris	22.5	4
Lewis & Clark	19.5	3
Rogers	10	2
North Central	4	1

GIRLS GOLF

Team	W-L	PTS
Mead	48.5	12
Lewis & Clark	46.5	10
Gonzaga Prep	36	8
Mt. Spokane	34.5	7
Central Valley	33.5	6
Ferris	21	5
Shadle Park	20	4
University	7	3
Rogers	0	1.5
North Central	0	1.5

BOYS SOCCER

Team	W-L	PTS
Central Valley	9-0	26
Ferris	8-1	24
Mead	6-3	16
Lewis & Clark	5-4	16
University	5-4	16
Gonzaga Prep	5-4	16
Mt. Spokane	3-6	9
North Central	3-6	9
Shadle Park	1-8	3
Rogers	0-9	0

History

2019	Mt. Spokane High School
2014-2018	Central Valley High School
2006-2013	Mead High School
2005	Ferris High School
2002-2004	Mead High School
1998-2001	Ferris High School
1983-1997	Mead High School
*1980-1982	Mead High School - *City League All Sports Trophy
1976 - University & Mead	* SWABS Border League All-Sports Trophy
1974-1975 - Central Valley	* SWABS Border League All-Sports Trophy
1973 - Central Valley & Pullman	* SWABS Border League All-Sports Trophy
1969-1972 - West Valley	* SWABS Border League All-Sports Trophy

BOYS TRACK

Team	W-L	PTS
Central Valley	9-0	12
Mead	8-1	10
Ferris	7-2	8
Gonzaga Prep	6-3	7
Mt. Spokane	5-4	6
Lewis & Clark	4-5	5
University	3-6	4
North Central	2-7	3
Rogers	1-8	2
Shadle Park	0-9	1

GIRLS TRACK

Team	W-L	PTS
Central Valley	9-0	12
Mt. Spokane	8-1	10
Lewis & Clark	7-2	8
Gonzaga Prep	6-3	7
Mead	4-5	5
North Central	4-5	5
Ferris	4-5	5
Shadle Park	2-7	3
University	1-8	2
Rogers	0-9	1

BOYS TENNIS

Team	W-L	PTS
Mt. Spokane	9-0	12
Mead	8-1	10
Lewis & Clark	7-2	8
University	6-3	7
Gonzaga Prep	5-4	6
Ferris	4-5	5
Central Valley	3-6	4
Rogers	2-7	3
Shadle Park	1-8	2
North Central	0-9	1

SOFTBALL

Team	W-L	PTS
Mt. Spokane	10-1	10
Central Valley	12-2	10
University	12-2	10
Shadle Park	7-4	7
Lewis & Clark	8-6	6
Mead	6-8	5
Ferris	4-10	4
Gonzaga Prep	3-11	3
Rogers	2-9	2
North Central	0-11	1

GIRLS TENNIS

Team	W-L	PTS
Lewis & Clark	9-0	12
Mead	8-1	10
Mt. Spokane	7-2	8
University	6-3	7
Central Valley	5-4	6
Ferris	4-5	5
Gonzaga Prep	3-6	4
Shadle Park	1-8	2
Rogers	1-8	2
North Central	1-8	2